

# CURRICULUM VITAE

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## Personal Information:

Name: Mag. Sonja Kanzler  
Email: sonja.kanzler@univie.ac.at  
Date of Birth: December 20<sup>th</sup>, 1979  
Citizenship: Austria

## Current position:

Assistant lecturer at the Department of Nutritional Science, Faculty of Life Sciences, University of Vienna

PhD-student of Nutritional Sciences

## Education:

06/1998 High School Diploma at the Wirtschaftskundliches Realgymnasium Englische Fräulein, St. Pölten

10/1998 – 06/2004 Study of Nutritional Sciences, Faculty of Life Sciences, University of Vienna  
Title of master thesis: *Bestimmung des Vitamin D-Gehalts unterschiedlich zubereiteter Lachsfilets*  
Supervisor: Univ.-Prof. Dr. I. Elmadfa

06/2004 Graduated as Mag. rer. nat. (with first class honours)

Since 04/2006 PhD studies at the Department of Nutritional Sciences, Faculty of Life Sciences, University of Vienna  
Title of dissertation: *Evaluation and improvement of the food and nutritional quality of ready-to-eat meals in Europe*  
Supervisor: Univ.-Prof. Dr. Karl-Heinz Wagner

## Research activities:

06/2006 – 01/2007 *Trans fatty acid contents of different Austrian foods*  
Main tasks: chemical analyses, data analyses and interpretation, writing of the project end report

01/2008 – 05/2008 *Nutrient composition of ready meals from the Austrian food market*  
Main tasks: chemical analyses, data analyses and interpretation, writing of the project end report

09/2006 – 12/2009 *Towards a new generation of healthier and tastier ready-to-eat meals with fresh ingredients ("Double Fresh")*  
Main tasks: Co-project management, chemical analyses, data analyses and interpretation, supervising of master students, dissemination of the study results (on public, on industrial and on scientific level), writing scientific publications

### **Work Experience:**

11/2004 – 03/2005	Employee at the insurance company Allianz-Elementar Versicherungs AG, Vienna
04/2005 – 03/2006	Quality management and product development at the food production company Wurth, Vienna
06/2006 – 07/2010	Scientific assistant at the Department of Nutritional Sciences, Vienna
10/2006 – 02/2008	Tutor at the Department of Nutritional Sciences, Vienna
Since 03/2008	Assistant lecturer at the Department of Nutritional Sciences, Vienna (maternity leave from 08/2010 – 08/2011)

### **Professional Qualifications:**

- Analytic: HPLC, GC, Photometry, Food analyses
- PC: MS Office, SPSS, EndNote, E-learning platform Fronter
- Languages: German, English
- Assistance in planning and preparing meetings and conferences
- Presentations on scientific level as well as on public level (e. g. in adult education centres in Vienna)