

CURRICULUM VITAE

Lisa Sturm, MSc

Contact information:

Name Lisa Sturm
Address Austrian Agency for Health and Food Safety GmbH, Center for Nutrition & Prevention, Division for Data, Statistics and Risk Assessment
Spargelfeldstrasse 191, 1220 Vienna
Tel. office: +43 664 9670965
E-Mail: a00906476@unet.univie.ac.at



Research interests:

Sustainable and healthy diets, public health nutrition, development of FBDGs using mathematical optimization, plant-based diets

Current position:

- Senior Expert at the Austrian Agency for Health and Food Safety

Higher education:

Since 2024 PhD student, Department of Nutritional Sciences, University of Vienna
2016 Master's degree, Nutritional Sciences, Specification on Public Health Nutrition, University of Vienna
2014 Bachelor's degree, Nutritional Sciences, University of Vienna

Projects and collaborations:

- **Joint Action Prevent NCD, Co-Funded by the European Union** (since 01/2024):
 - Participation in Work package 5 "Regulation and taxation"
- **Revision and expansion of the Austrian food-based dietary guidelines with regard to health and climate aspects** (12/2022–12/2024):
 - Scientific project manager
 - Cooperation with the Austrian Society for Nutrition (ÖGE) on behalf of the Competence Centre Climate and Health of the Austrian National Public Health Institute (GÖG) and the Federal Ministry of Social Affairs, Health, Care and Consumer Protection (BMSGPK)
- International research initiative "**Becoming Breastfeeding Friendly (BBF)**" of the Yale School of Public Health (07/2022–10/2023):
 - In-country PI and committee chair for Austria
 - Collaboration with the National Commission for Nutrition (NEK) and the Federal Ministry of Social Affairs, Health, Care and Consumer Protection (BMSGPK)
- **Healthy eating from the start!** (2016 – 2022):
 - a joint programme of the Austrian Agency for Health and Food Safety GmbH, the Federal Ministry of Social Affairs, Health, Care and Consumer Protection and the umbrella organisation of social insurance institutions

Work experience:

Since 08/2016: Senior Expert at the Austrian Agency for Health and Food Safety

Skills:

Technical skills: Microsoft office, FoodEx2, HeidiSQL, SPSS, Nutritional Software (Nut.s), EndNote, GloboDiet

Language skills:

- German: Native
- English: C1
- French: A1

Presentations:

- 11/2024 Oral presentation: "The new Austrian FBDGs" at the 10th conference of "Austria eats regionally", online
- 11/2024 Oral presentation: "The methodological path to the new FBDGs" at the annual conference of the ÖGE; Vienna
- 09/2024 Oral presentation: "The new FBDGs for Austria" at the 16th three-country conference of the DGE, ÖGE, SGE; Bonn
- 11/2023 Oral presentation & panel discussion: "Sustainable FBDGs for Austria" at the kick-off event for Sustainable Food Systems of the Austrian Agency for Health and Food Safety; Vienna
- 11/2020 Oral presentation: "Vegetarian and vegan diets at sensitive stages in life" Austrian health insurance fund Styria, online
- 01/2019 Lecture: „Richtig essen im Volksschulalter - Ernährungsbildung im Unterricht“ at the University College of Teacher Education Vienna.
- 06/2017 Poster presentation at the 5th European forum for evidence-based prevention (EUFEP)-congress; Krems.

Additional activities:

Since 2023: Member of the Task Force "Toddlers, Breastfeeding and Pregnant Women" (AG KISS) of the National Commission for Nutrition (NEK) of the Federal Ministry of Social Affairs, Health, Care and Consumer Protection