

CURRICULUM VITAE

Tamara Stelzer, BSc MSc

Contact information:

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Research interests:

The protective role of mildly elevated unconjugated bilirubin (as observed in individuals with gilbert syndrome) against chronic metabolic diseases

Current position:

PhD student in the FWF funded project Bilirubin and Metabolic Health, at the Department of Nutritional Sciences, University of Vienna

Higher education:

- Since 01/2023 PhD student in the FWF funded project Bilirubin and Metabolic Health, at the Department of Nutritional Sciences, University of Vienna
- 2022 Master's degree, Nutritional Sciences, Specification on Molecular Nutrition, University of Vienna
- 2020 Bachelor's degree, Nutritional Sciences, University of Vienna

Work experience:

01/2021 – 12/2022 Working student at Swiss Training System GmbH, Zurich, Switzerland
11/2020 – 02/2021 Internship at In-victus GmbH, Vienna, Austria
06/2018 – 10/2020 Assistant of the nutritional team at Rawo Training GmbH, Vienna, Austria

Skills:

Laboratory skills: RNA isolation, RT-qPCR, Gel electrophoresis, extractions for MS-Metabolomics and Lipidomics

Computer skills: SPSS, R, MS office, GraphPad Prism

Language skills:

German: first language

English: fluent

French: fluent

Czech: basics

Russian: basics

Publications:

Presentations:

10/22 Pitch: oral presentation of the master's thesis at the "pitch your thesis – life science" event (Uniport, University of Vienna)

09/22 Oral presentation at the Final NutriAging Conference, Comenius University Bratislava